



## Wealthness International Management Luxurious Therapeutic Retreats



### Pauline Goodman

**97/145 Canterbury Road \* Toorak \* Victoria 3142 \* Australia**

**Tel: 03 9090 7468 \* Mobil: 0431 020 808**

**\* Email: [paule.goodman@optusnet.com.au](mailto:paule.goodman@optusnet.com.au)**

### CAREER PROFILE

My original experience lies within sales, marketing and management sectors in the area of private banking, financial services and real estate investments. Over the last 10 years I have focused on the health and wellbeing sector where I have run my own business managing a Self and Healing Centre and managing a major Spa Group in Singapore. Completing my training in NLP I have established my self as an accomplished communicator which enables me to relate to a wide variety of people.

My passion is in the health & wellbeing industry, managing, training and coordinating manager in the hotel/resort spa industry.

Since 2007 – I have been upgrading and updating personal knowledge & skills in obtaining a Certified Practitioner of NLP and Result Coach; Certificate IV Small Business Management 2008 and Certificate IV Training & Assessment 2009 - for my future career path

### Key Competencies

- Experience managing day to day operations of International Spa Group
- Ability to manage effective teams and am result orientated
- Hands on experience in massage and beauty treatments
- Experience in training and development of staff
- Mature and professional approach with proven ability to manage complex tasks through to completion
- Flexible and proactive in approach and able to work in a fast paced changing environment
- Highly motivated self starter who can accept responsibilities and work to deadlines
- Demonstrated excellence in communication and interpersonal skills
- Capable in corporate management: inclusive effective business plan, financial budget & P/L forecast

### Strengths

- Highly effective People & Communication Skills
- Training and Coaching capability in varies industry
- Enthusiastic, Energetic, Creative & Positive
- Resourceful and Achievement Oriented
- Strong Initiative & Leadership Skills
- Friendly and a Team player
- Ability to operate Efficiently and Effectively under pressure
- Responsible, Trustworthy with Integrity
- Problem Solver, Intuitive and a Certified NLP Coach & Trainer
- Vast Life Experiences and Transformation skills in Challenges

## Education & Training

<b>Certificate IV Workplace Training &amp; Assessments</b> MWT Group	<b>2009</b>
<b>Certificate IV in Small Business Management</b> NEIS Box Hill Institute – TAFE	<b>2008</b>
<b>Certified Practitioner or Communicator of NLP Result / Coach</b> Christopher Howard – Universal Events Group	<b>2007</b>
<b>A Certified Practitioner of NLP/ Result Coach</b> <ul style="list-style-type: none"> <li>• Certified Ericksonian Hypnosis,</li> <li>• Advanced Neurological Repatterning TM ,</li> <li>• Certified Performance Coach</li> <li>• Master Certificate – Neuro Linguistic Programming 2009</li> </ul>	<b>2007</b>

### Prior Studies:

#### **Bachelor of Science**

Nan Yang University (Singapore)

### Languages:

- **Fluent in spoken & written:** English
- **Chinese dialects:** Mandarin, Hokkien, Cantonese, & Teochew
- **Other:** Malay / Indonesia

## Employment History

### **Central Equity**

**May 07 – Sep 07**

**Position:** Sales Consultant

#### **Job Responsibilities:**

- Selling Melbourne residential property to overseas investors
- Presenting portfolio of properties via presentations to groups of investors
- Building up of own clients base and managing existing clients
- Telemarketing to market potential database
- Maintained good relationship with existing clients
- Marketing residential properties in onsite offices in Melbourne

#### **Accomplishments:**

- Secured over \$7 M Melbourne properties - SouthBank One & Feather Brooks – Point Cooks, during my 2 overseas marketing trips
- Successfully getting clients to attend all Central Equity Presentations by telemarketing or internet email blasts
- Provided new approaches & strategies for the successful promotion & sales within the team

**Trendwest – Wydham Melbourne**

**May 05 – Jan 07**

**Position:** Sales Consultant

**Job Responsibilities:**

- Conducting sales presentations on Time Shares Vacation Ownerships
- Liaison with vacation owners and maintaining strong working relationships
- Marketed to existing vacation ownerships to increased credits in their vacation ownerships

**Accomplishments:**

- Achieved goal of 5 or more ownerships consistently
- Awarded with top sales consultant title on a few occasions

**St. Gregory Spas Group**

**Jan 02 - Jan 05**

**Position:** Director of Programs & Activities (Singapore)

**Job Responsibilities:**

- Coordination and production of spa programs & activities for the spas group, including workshops, seminars & conferences
- Administration & operational management
- Set up and coordinated 6-12 months calendar of promotional events, facilitators and therapists schedules
- Handling accounts and payments for visiting facilitators & therapists
- Recruited & trained staff to excel in their performance
- Media liaison – preparation of media releases and promotional of events
- Publishing inspiring articles and flyers for marketing the events
- Public speaking when invited by corporations or at promotional events
- Teaching Meditation classes and group discussion sessions
- Coaching clients & their children with life challenges and issues in private consultations
- Organize public conferences or events related to health & well being programs annually
- Promotion and selling of Beauty & Wellness Related Products

**Accomplishments:**

- Introduced new & effective approaches to branding & promoting the Spas Group Image expanding existing increase in client database by 100% within a 12 month period
- Generated wide spread editorial exposure with printed flyers & articles
- Under my leadership sales profits double within 12 months
- Accumulated total 5000 clients database

## **Love and Light Pte Ltd**

**Jun 97 - Dec 01**

**Position:** Managing Director

### **Job Responsibilities:**

- Established the first awareness in self-development & empowerment centre in Singapore
- Designed the brand name & established a niche health & wellbeing business in
- conducting unique consultations, healing therapies, workshops and conferences
- Writing media releases, articles and promotional flyers
- General administration required for operation of day to day business
- Management of 4 staff- training, coaching and development of staff
- Recruiting staffs and solicitation of facilitators, well known authors/speakers for the centre events: including workshops & conferences
- Coordinated 6-12 months calendar of promotional events, facilitators and therapists schedules
- Handling Company accounts and payments
- Organized annual public conferences or events related to health & well being programs

### **Accomplishments:**

- Established of the first Exclusive & Unique Health & Wellbeing Centre in Singapore
- Secured strong support from clients from 0 to over 800 clients within the first year
- After 6 years of operation, expanded to a client data base of over 3000 from all walks of life & professions
- Strong support by established good connections with a group of overseas facilitators and well known authors / speakers
- Developed a well recognized brand with good reputation
- Rated as the top Health, Wellbeing & Healing Centre, Singapore first of its kind in the industry.

## **Financial, Banking, Investment and Real Estate Working Profile**

I have held key corporate positions with several top-tier private, multi-national and international corporations, having worked in London, New York, Los Angeles, Hong Kong, and Jakarta, in property acquisition, financial investment and banking industry.

### **Prior to 1997:**

Senior Vice President – Coutts (Hong Kong)

Executive Head of International Private Banking group – Commezbank AG (Hong Kong)

Investment Executive - James Capel (Hong Kong)

Executive Director - PT Wardley James Capel Jakarta, Indonesia

In my international working experiences, I draw from varied background and developed a strong business sense in management, marketing, administration and organizational skills with wisdom & integrity; which have proven crucial in establishing and running my own business or working in corporation. The experiences and skills-set attained are highly transferable from industry to industry.

## WEALTHNESS INTERNATIONAL MANAGEMENT

**SHARING & PASS IT ON!**

**'WELL-BEING IS THE BASIS AND ORDER OF OUR WORLD!'**

We are all contributing to the power of the stream of Source Energy, the gift is when we ride and flow with the positive fast moving energy, life is exhilarating beyond description ..... when you don't, it sort of beats us up!

**Welcome to Wealthness Leading Edge Concept of  
Health & Well-Being Resort Retreats Programs & Services**

### RESORTS & SANCTUARIES

<p style="text-align: center;"><b>Resorts &amp; Sanctuaries</b></p> <p style="text-align: center;"><b>'Heaven on Earth' is Now Here!</b></p> <p>Imagine a wondrous environment of beauty and nature to relax, recharge &amp; realignment our energy, in vibrations at every level of your Being; to deliberate focus on what you want in your life experiences .... who you want to become ... and move in the direction of it with ease &amp; grace.</p> <p>A healthy, mind, body, heart &amp; spirit connection and alignment with your whole Being – the Inner Intelligence is what you are here to seek and all will become true for you in wealth &amp; wellbeing of your physical life experience ... to create a better future life &amp; world.</p> <p style="text-align: right;"><a href="#"><u>Go to Resorts &amp; Sanctuaries.</u></a></p>	<p style="text-align: center;"><b>The Sebel Reef House &amp; Spa</b></p> <p style="text-align: center;"><b>Overview</b></p> <p>Distinctly different to other hotels, The Sebel Reef House &amp; Spa is a resort with an easy-going atmosphere positioned in the heart of Palm Cove with a stunning beachfront location.</p> <p>Nestled among tranquil tropical gardens and vibrant flora, The Sebel Reef House &amp; Spa was designed to capture the romance of the tropics and the colonial splendour of a bygone era. Majestic rainforest clad mountains make a stunning backdrop to the three pools, two spas and cascading waterfall.</p> <p style="text-align: right;"><a href="#"><u>Go to Sebel Reef House &amp; Spa.</u></a></p>
---	--

<p><b>Programs</b></p> <p><b>'The Leading Edge Thoughts Benefit the Expansion of your Desires to Consciously Living your Dreams in Joy!'</b></p> <p>Life extracts from Clarity &amp; Conscious Awareness to bring us everything new, when we imagine or focus on what we want or dream to manifest in our life experiences instead of just observing what is in the world. It always has been and always will be! Welcome to explore our Leading Edge Health &amp; Wellbeing Resort Retreats &amp; Services</p> <p style="text-align: right;"><a href="#"><u>Go to Programs.</u></a></p>
--

### SERVICES

<p style="text-align: center;"><b>Astrology</b></p> <p>Astrology is an ancient science of the Cosmo planetary movements of Sun, Moon, Earth &amp; Stellar Sphere ... that has influences on your birthdates – the definitive guides of self discovering to reveal your inner self, your physical journey, soul lessons, strength, weakness, contrast - in your relationships, career, health etc in order to uncover and remember who-you-really-are, your well-being and what is your purpose of life....</p> <p style="text-align: right;"><a href="#"><u>Go to the Astrology section.</u></a></p>	<p style="text-align: center;"><b>Free Online Coaching</b></p> <p style="text-align: center;"><b>The Art of Living Now – The Leading Edge Thoughts</b></p> <p style="text-align: center;"><b>"Life is supposed to be good for you You didn't come forth for the struggle." Abraham</b></p> <p>In 2009 - A total shift of energy in our world filled us with excitement and joy. We need to learn how to adjust ourselves in these new energies in our personal life matrix – health, career, finance, business, relationships, spirituality, purpose and empowerment etc</p> <p style="text-align: right;"><a href="#"><u>Go to Free Online Coaching.</u></a></p>
--	---

<p style="text-align: center;"><b>Book Club</b></p> <p style="text-align: center;"><b>Recommendation of Inspirational Books</b></p> <p>Knowledge is Power – a gateway to Wisdom - the Key to bridge your spiritual and ordinary worlds ... in attainment of perfect balanced perception of life. It is what you experienced and felt immense gratitude; when you see the perfect equilibrium in Divine Order &amp; Universe Laws of every area of your life .... And Accept as It is.</p> <p style="text-align: right;"><a href="#"><u>Go to the Book Club section.</u></a></p>	<p style="text-align: center;"><b>Breaking News</b></p> <p>In this New Era of 'Change', the energy has shifted, events &amp; things altered ... You can feel it. The shift is not in your imagination or merely on a national or global level. There is a shift in you as well.</p> <p style="text-align: right;"><a href="#"><u>Go to Breaking News.</u></a></p>
---	---